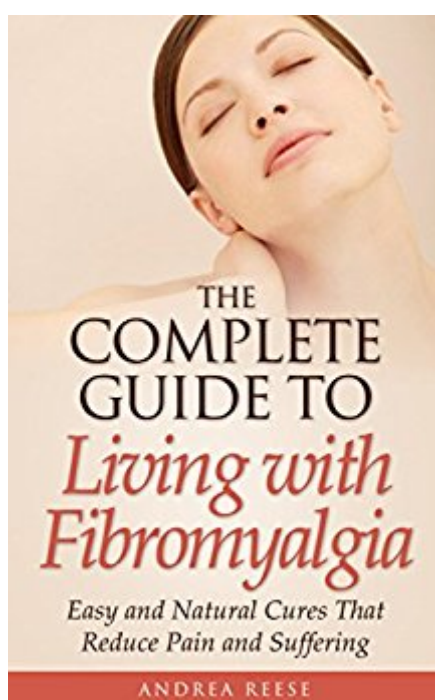


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# Fibromyalgia: The Complete Guide To Living: Easy And Natural Cures That Reduce Fibromyalgia Pain And Suffering



## Synopsis

BEST SELLER OVER 1000 DOWNLOADS! Stop Fibromyalgia in its Tracks! Finally a Guide to Natural Remedies that Really Work Today only, get this bestseller for just \$0.99. Regularly priced at \$4.99. Read on your PC, Mac, smart phone, tablet or Kindle device. You're about to discover how to rid yourself of the chronic and nagging symptoms of fibromyalgia once and for all. After years of blaming my IBS, fatigue and joint and muscle pain on things such as my age or generally being out of shape, I was completely taken aback when I was told that my symptoms were similar to those relating to fibromyalgia and mildly annoyed I did not figure this out sooner. Full disclosure is that I am not a doctor nor should this book be relied upon as medical advice, but needless to say I have poured tons of hours into research and have become the resident non-medical expert amongst my friends and family. I have enjoyed success in relieving my symptoms through the use of several homeopathic remedies and I thought it would be useful for others if I put all of my research hours down into a book that would show how to manage fibromyalgia simply and naturally. Here Is A Preview Of What You'll Learn... Natural remedies that you have right at home Quick cures you can implement now in your busy lifestyle Nerve Pain the most misdiagnosed symptom Common things people do that actually worsen symptoms in the long run Chronic pain syndrome and its relationship How a Pinched Nerve is different Polymyalgia Rheumatica and its effects Relationship to Chronic Fatigue Syndrome Much, much more! Download your copy today! Do yourself this favor today and download this book for a limited time discount of only \$0.99! There is a Free Bonus inside as my Thank You to you!

## Book Information

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Reads > 30 minutes (12-21 pages) > Health, Fitness & Dieting

## Customer Reviews

Andrea published a great introduction to the Fibromyalgia disease and suggested some ways on how people can identify if they suffer from it. As she suggested this is not meant to be a top medical report, but this guide does accomplish the goal of helping one learn some possible causes and remedies to ease the pain. Thus, *The Complete Guide to Living with Fibromyalgia* is a nice place to begin researching this disease and help possible patients know what questions to ask their physicians.

Although this is a good introduction to fibromyalgia by someone who lives and struggles with it, by no means is it a complete guide. The author does not mention trauma and adverse childhood experiences as contributors to this diagnosis. Many doctors comment that fibromyalgia is diagnosed two years after a severe trauma, so that piece is missing. But it is a good introduction to this issue and the author shares what has worked for her. She also includes some of the difficulties that folks face with this diagnosis, and getting it adequately identified.

This is a great summary of Fibromyalgia. The author suffers from Fibromyalgia and wrote this book in an easy to understand way. It was comforting to know that the author is someone who experienced the pains and trials of fibromyalgia first hand and not someone sitting behind a desk. There is loads of information out there on the internet and it's hard to sort through it all. The author has already done this. I was pleased to read this book and understand that the symptoms are interrelated. Great book!

I think it is a good book for someone who has just diagnosed with Fibromyalgia. Author writes about this disease, what are the symptoms and how to treat Fibromyalgia. Great starting point.

This gave me New hope. I will definitely try all of the authors suggestions. She really made it very simple and I have been searching for a very long time. For all the suffering out there this is goo

My wife truly SUFFERS from this and the Specialists in Orlando seem to keep disappearing. The book helps with history, causes, effects, just complete to support and help her.

Well written and great information placed in a easy to read format.

Very helpful!

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